

Theory

Overall Expectations

- THV.01** · describe various dance forms found in Canada and around the world, using appropriate terminology;
- THV.02** · demonstrate an in-depth knowledge of the principles of hygiene, nutrition, and safety in relation to dance and to a healthy lifestyle.

Aesthetics, History, and Culture

- TH1.01** – identify and describe the elements, principles, and techniques used in a variety of dance forms from around the world;
- TH1.02** – describe the historical and cultural significance of a broad spectrum of dance forms;
- TH1.03** – describe societal and artistic changes affecting current dance forms in Canada and in other parts of the world;
- TH1.04** – describe the significant contributions of various Canadian dance artists to dance in Canada.

Health and Safety

- TH2.01** – explain the importance of maintaining good hygiene and healthy eating habits, as well as of observing safety principles, with regard to dance and to a healthy lifestyle;
- TH2.02** – research and describe common dance injuries and describe appropriate care and preventive measures for each;
- TH2.03** – demonstrate an understanding of the role of muscles, tendons, and the skeletal system in dance movements.

Creation

Overall Expectations

- CRV.01** · demonstrate increased technical proficiency in one or more forms of dance;
- CRV.02** · demonstrate proficiency in technique and composition through the presentation of dance works;
- CRV.03** · rehearse and perform increasingly complex dances in various settings and for a variety of purposes;
- CRV.04** · demonstrate an understanding of stagecraft and management skills required for dance production.

Technique

- CR1.01** – demonstrate skill in executing complex movements (locomotor and non-locomotor movements, combinations of movements) and body positions in one or more world dance forms;
- CR1.02** – demonstrate increased technical proficiency in dance, showing accuracy, coordination, dynamic range, endurance, flexibility, musicality, rhythmic sense, strength, and technical precision;
- CR1.03** – use technique effectively in various ways to extend artistic scope.

Composition

- CR2.01** – use improvisation, compositional forms, and various approaches to choreography appropriately when creating dance works;
- CR2.02** – create complex dance compositions through experimentation;
- CR2.03** – create dance compositions incorporating abstract themes and topics – that is, trios, duets, and solos, and works for large groups and small groups;

- CR2.04** – translate the language of dance into a basic notation system for recording and documenting choreography;
- CR2.05** – apply the creative process to choreograph dance works and enhance their performance;
- CR2.06** – use technology effectively when creating dance works.

Presentation and Performance

- CR3.01** – demonstrate appropriate leadership roles and attitudes in class, rehearsal, and performance;
- CR3.02** – demonstrate an understanding of the relationship between aspects of presentation/performance and aspects of production (e.g., the relationship between the selecting of costume colours and the selecting of lighting colours);
- CR3.03** – present dance works, workshops, and presentations to the community.

Production

- CR4.01** – demonstrate an understanding of increasingly complex technical skills of stagecraft and production management used in dance productions (e.g., skills in the use of light, sound, special effects; skills in stage management);
- CR4.02** – use technology effectively in their productions of dance works;
- CR4.03** – demonstrate the essential leadership skills and appropriate attitudes and behaviour of members of a production crew (e.g., the stage manager, artistic director, sound designer, publicist).

Analysis

Overall Expectations

- ANV.01** · analyse, interpret, and evaluate – orally and in writing – the formal structure and meaning of a broad spectrum of dance forms, including their own works;
- ANV.02** · analyse the significance and function of a wide variety of dance forms;
- ANV.03** · describe career opportunities in dance and relevant postsecondary program requirements.

Appreciation and Criticism

- AN1.01** – analyse, interpret, and evaluate a broad range of choreographic works, using a set of aesthetic principles;
- AN1.02** – explain their artistic decisions in relation to their own compositions;
- AN1.03** – use technology (e.g., videotape, CD-ROM stop action) appropriately as an analytical tool in the field of dance;
- AN1.04** – analyse and evaluate dance works, using a variety of theoretical approaches;
- AN1.05** – describe and analyse cultural aspects of works studied;
- AN1.06** – analyse the significance and function of a variety of dance forms in Canada and from around the world;
- AN1.07** – explain how dance characteristics and forms are used in the media, the community, and cultural events (e.g., in advertising and in dramatic performances).

Career Preparation

- AN2.01** – compare their personal artistic abilities with those required in the professional dance world;
- AN2.02** – describe the links between dance education and career options (e.g., in small business, medicine, law, the entertainment industry);
- AN2.03** – research and describe postsecondary educational and career possibilities related to dance;
- AN2.04** – create a personal performance portfolio in dance and appropriate audition materials for college, university, and career-related options.