

Theory

Overall Expectations

- THV.01** · describe various dance forms found in Canada and around the world, using appropriate terminology;
- THV.02** · describe the theories and practices that help dancers maintain a healthy body and prevent injury.

Aesthetics, History, and Culture

- TH1.01** – describe the elements, principles, and techniques used in a variety of dance forms from around the world;
- TH1.02** – identify dance forms from a variety of time periods and describe their historical, structural, and stylistic characteristics;
- TH1.03** – demonstrate an understanding of the effect of social and political events on the evolution of dance;
- TH1.04** – describe the impact, at various time periods in Canada, of the dance forms being studied.

Health and Safety

- TH2.01** – describe why it is important to take a scientific approach to movement studies;
- TH2.02** – describe the muscular and skeletal functions involved in performing simple dance movements;
- TH2.03** – identify common dance injuries and describe appropriate care and preventive measures for each;
- TH2.04** – demonstrate an understanding of the benefits of a healthy body to both dance and lifestyle.

Creation

Overall Expectations

- CRV.01** · demonstrate technical proficiency in one or more forms of dance;
- CRV.02** · choreograph dance works that combine a broad spectrum of complex movement skills and techniques;
- CRV.03** · rehearse and perform dances in various settings and for a variety of purposes;
- CRV.04** · demonstrate an understanding of dance presentation and production.

Technique

- CR1.01** – demonstrate skill in executing complex movements (locomotor and non-locomotor movements, combinations of movements) and body positions in one or more world dance forms;
- CR1.02** – demonstrate increased technical proficiency in dance, showing coordination, endurance, flexibility, musicality, rhythmic sense, and strength in their performances;
- CR1.03** – use technique effectively to extend artistic scope.

Composition

- CR2.01** – use improvisation appropriately as a compositional tool for individual and group presentations;
- CR2.02** – use sounds, visuals, textures, themes, and historical events as stimuli for improvisation;
- CR2.03** – solve complex compositional problems through guided exploration;
- CR2.04** – create dance compositions of increasing complexity – that is, trios, duets, and solos, and works for small groups;
- CR2.05** – create notation systems that help them develop and record compositions;
- CR2.06** – use technology effectively when creating dance works.

Presentation and Performance

- CR3.01** – demonstrate the essential skills and appropriate behaviour of performers/ participants, leaders, and audience members;
- CR3.02** – demonstrate an ability to prepare for rehearsals and performances (e.g., polish pieces, showing technical accuracy and mature interpretative skills);
- CR3.03** – demonstrate appropriate use of skills in technique and composition through their presentation of dance works.

Production

- CR4.01** – use the technical skills of stagecraft appropriately in dance productions (e.g., skills in the use of light, sound, special effects);
- CR4.02** – use technology effectively in their productions of dance works;
- CR4.03** – demonstrate an understanding of the technical aspects of rehearsals and performance (e.g., scheduling, set-up and striking of sets);
- CR4.04** – demonstrate the essential skills and appropriate attitudes and behaviour of members of a production crew (e.g., the stage manager, artistic director, sound designer, publicist).

Analysis

Overall Expectations

- ANV.01** · analyse and evaluate the formal structure and meaning of a broad spectrum of dance forms;
- ANV.02** · analyse the significance and function of a variety of dance forms in specific cultures;
- ANV.03** · explain how dance can serve as preparation for various arts-related careers.

Appreciation and Criticism

- AN1.01** – analyse and evaluate the use of the elements, principles, and techniques of dance with respect to formal structure and meaning in a broad spectrum of dance forms (e.g., jazz, tap, Indian/South Central Asian dance);
- AN1.02** – analyse the significance and function of a variety of dance forms in Canadian society (e.g., ballet, modern dance, Afro-Caribbean dance);
- AN1.03** – describe and analyse, orally and in writing, the cultural significance of a broad spectrum of dance forms;
- AN1.04** – create a set of aesthetic criteria by which to evaluate their own work and that of others;
- AN1.05** – use technology (e.g., videotape, CD-ROM stop action) appropriately as an analytical tool in the field of dance.

Career Preparation

- AN2.01** – analyse the role of dance in the community;
- AN2.02** – explain how knowledge and skills acquired through the study of dance can be applied in other settings;
- AN2.03** – explain how knowledge and skills acquired through the study of dance can be applied in a wide range of careers.